

“Beautiful in its words, lessons, and recipes, this wonderful book takes you on a journey of family, food, and life. You will relish every page and every dish!”

—CHESTER ELTON, author of the *New York Times* bestseller *The Carrot Principle*

Part cookbook and part memoir, *When Life Hands You Lemons, Throw Tomatoes* takes you on a culinary journey while highlighting the ties among business, everyday life, and, of course, cooking. Within these pages, you’ll find more than 100 recipes to create multi-course, delicious meals to share with your family and friends.

Each chapter includes foolproof recipes for at-home meals, from appetizers (try the **Salty Guacamole**) and main courses (a warming winter **Chicken Cacciatore**), to side dishes (always-a-hit **Syracuse Salt Potatoes** and **Classic Tomato Salad**), desserts (a super-simple **Affogato** alongside some complicated cookies), and even savory cocktails (the best **Espresso Martini** you’ll ever have). Hungry yet?

Donna serves up stories from her life—some about her large, loving (and loud!) New York Italian family, and others that highlight key attributes of successful leadership.

This book is for anyone interested in delicious from-scratch, at-home cooking, especially those who want to learn a bit more about business while you’re at it. Most importantly, Donna hopes you feel the love in her recipes and that you pass it along—maybe in the form of a cookie, cake, or soup—to someone you care about.

“More than just a cookbook, this is a manual for living a life of resilience, passion, and purpose.”

—LERZON AKSOY, PHD, Dean of the Gabelli School of Business, Fordham University

“A love letter to the art of cooking, a testament to the power of nostalgia, and a source of inspiration for anyone seeking comfort, connection, and a deeper understanding of life’s simple pleasures.”

—MANDELL CRAWLEY, chief human resources officer, Morgan Stanley



**DONNA RAPACCIOLI** is dean emerita of the Gabelli School of Business at Fordham University, where she remains a university professor and teaches accounting. Her love of the culinary arts is simmered and steeped in her grandmother’s belief in the importance of sourcing quality ingredients and investing time and love in every home-cooked dish.

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Donna Rapaccioli

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# WHEN LIFE HANDS YOU LEMONS, *Throw Tomatoes*



“Utterly charming.”

—LIDIA BASTIANICH,  
Emmy award-winning  
television host, bestselling  
cookbook author, and  
restaurateur

## LESSONS IN LIFE AND LEADERSHIP

— INCLUDES 100+ RECIPES —

FROM THE KITCHEN OF

*Donna Rapaccioli, PhD*